

Defense Mechanisms Art Prompt 3



Flower Child: In the '60s, there was a group of people who advocated peace known as "flower children." Draw a large flower with several petals. If you prefer not to draw a flower, draw a large peace symbol. In each of the petals or sections of the symbol, list an example of a positive defense mechanism that can lead you to more "peaceful" life. Then color and decorate your page.