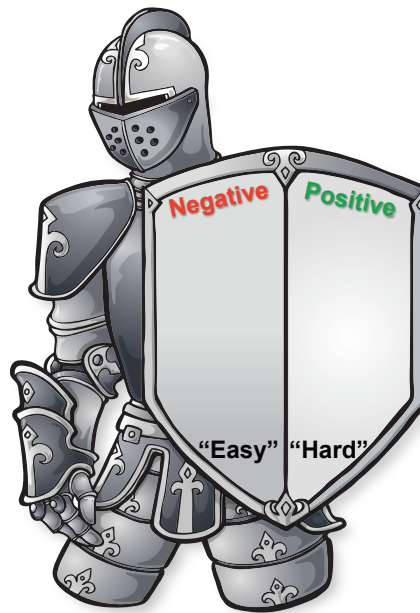


Defense Mechanisms



Am I in control of my defense mechanisms?

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Defense Mechanisms Elementary Journal: Conclusion Activity for Overview Lesson

Have students complete the following activity on the Introductory Activity page for Defense Mechanisms.

Have students draw a large shield on their paper. They can use the poster or chart you used for the lesson as a model. Have them divide the shield into four sections. Have students list the four steps to controlling defense mechanisms in each section, and then have them list or draw something to help them remember what to do in each step.