

# Journal Prompts

## Desire, Time, & Effort

### Elementary Journals

Elementary Art Prompt #1: Draw a picture that represents how you have felt when you have accomplished something.

Elementary Art Prompt #2: Write a story or fairy tale about someone who uses desire, time, and effort to accomplish something. (Make one up or tell one you know)

Elementary Art Prompt #3: *Write Watch*: Explain that many people wear a wrist watch in order to help manage their time wisely. Often watches reflect an individual's taste and personality. Have them design their dream watch, one that reflects something they would like to accomplish with their time.

Elementary Art Prompt #4: *Instruction Manual*: Explain to students that to accomplish a task, people use an instruction manual to get step-by-step instructions. Have them think of something they would like to accomplish, then design an instruction manual outlining at least four steps to accomplish this goal. Have them include illustrations.

Elementary Art Prompt #5: *Travel Brochure*: Tell students that when people are trying to decide on a travel destination, often they will look at travel brochures to get information about places. (If possible, bring some brochures to show them.) Tell them that places will put out brochures to entice people into coming there by telling them all the good things they have to offer. Then have students create and "Accomplishment Brochure" by thinking of an accomplishment and listing all of the positive things one can get by accomplishing that task. Encourage them to make it colorful and to illustrate it in a way that will persuade people.

Elementary Intro Activity: Have students write about and draw a picture of someone they have observed or know who works hard and applies effort.

Elementary Journal Overview: Have students complete the following activity on the Introductory Activity page for Desire, Time, & Effort.

Elementary Vocab List: Define different terms related to Desire, Time, & Effort.

Elementary Journal #1: Tell about a time you went through a maze (a real one you had to walk through or one on paper). How did you feel while you were going through the maze?

Elementary Journal #2: Write a timeline for how you would spend a typical day.

Elementary Journal #3: If you really want something, what can you do that will make you more likely to get it? How will that make you more likely to get it?

Elementary Journal #4: What is something you have accomplished? How did you feel when you accomplished it?

Elementary Journal #5: Have you ever felt like giving up on something you were working on but didn't? What do you think would have happened if you had given up?

Elementary Journal #6: What does "desire" mean? What are some things you desire?

Elementary Journal #7: What does "effort" mean? What are some things that take a lot of effort for you?

Elementary Journal #8: What is something you have spent a lot of time doing in the past? What things do you spend the most of your time doing now? What do you think you will spend a lot of your time doing in the future?

Elementary Journal #9: If you had an afternoon to do whatever you wanted, how would you spend your time?

Elementary Journal #10: If working hard more important than being smart? Why?