

Get Plugged In

14. Who Do You Call?

Spatial Requirements: Regular classroom setup: little or no space required

Activity Type: Group

Grades: 3-12 (can be adapted for younger students)

Group size: 2 or more

Time: 15 minutes

Introduction: When plugging in, it is important to find good friends you can call on. But it also means being a good friend and being there for others when they need you. This activity will help students think not only about the people they rely on but also the people who rely on them.

Materials:

- 1 copy of “Who do you call?” questions for each student to read and respond to (These can be found at www.whytry.org/activities.) or 1 blank piece of paper for each student
- 1 pen or pencil per student

Activity:

Have the students answer the following questions. You may want to have the worksheet with the questions on it for each student, or give each student a blank piece of paper and a pencil and have them answer the questions as you read them. To adapt for younger students, you can do this activity as a whole group with the teacher writing student responses on a whiteboard, overhead or chart paper.

Processing the Experience:

- How many people are on your sheet? What are the different ages of people on your sheet?
- How many relatives are on your sheet? Does it include your parents? If so, how often?
- How do you feel about the people who you call? The people who call you? Are your feelings about them different? Why or why not?
- When you call on someone, are you “plugging in”? When someone calls on you, are you “plugging in”? If so, how?