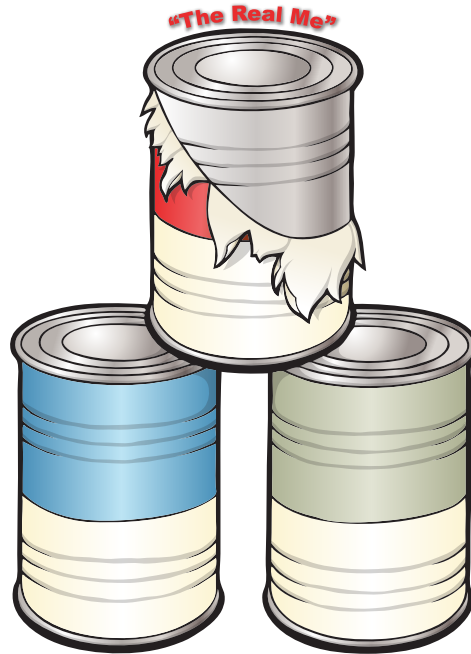


Tearing Off Your Label



How can I show others "The Real Me"?

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Labels Elementary Journal: Conclusion Activity for Overview Lesson

On the "Introductory Activity" page, have students do the following activity.

The Real Me Label

Have students draw a large can on their paper. Then have them think about their strengths, goals and accomplishments. Have them refer back to their "Real Me" writing assignment and use the answers to these questions to design a label that represents their "real" self.

Encourage them to be as creative as they want.

Remind them of the spinach label. Remind them that they want their label to show the "real me" and entice people to find out more about what's inside.

Alternative Activity

Ahead of time, have students bring in an empty, clean can with no label, or collect enough for each student and bring them in. Cut out paper that will fit on their cans as a label. Give each student their blank paper label and have them design their "real me" label. After labels are finished, glue or tape them onto the cans and display them for everyone to see.