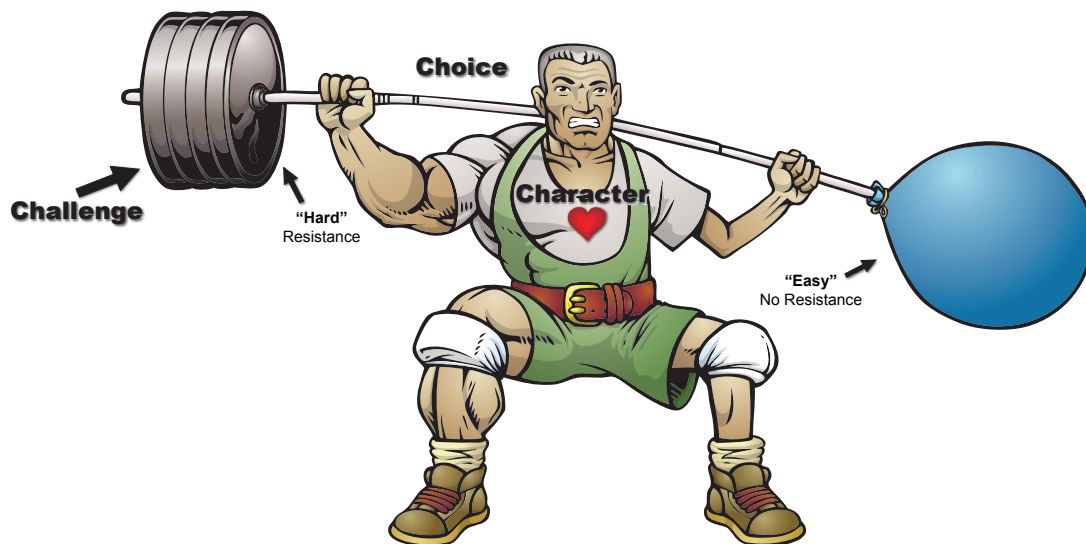


Lift The Weight



How do rules make me stronger?

© WhyTry LLC 2013

www.whytry.org

Lift The Weight

Lifting weights makes you stronger because the resistance of the weights stresses the muscle cells which grow back bigger and tougher. Lifting the weight of laws and rules makes you stronger by opening the doors of opportunity and building self-respect.

If your current workout program is leaving you weak and flabby because you are breaking society's laws and rules, you need to come up with a new workout plan.

Introductory Activity